

Novel chemotherapies more often used onthan off-label

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(HealthDay)—In contemporary practice, medical oncologists use novel anticancer agents on-label more often than off-label, according to a study published online Feb. 19 in the *Journal of Clinical Oncology*.

To examine the prevalence of off-label use of 10 commonly prescribed patent-protected anticancer drugs, Rena M. Conti, Ph.D., of the University of Chicago, and colleagues analyzed prescribing data from a pharmacy software provider maintaining a population-based cohort database including 570 medical oncologists in 122 medical oncology practices.

The researchers found that 70 percent of chemotherapy use was onlabel, and 30 percent was off-label. Fourteen percent of chemotherapy



use conformed to an off-label indication supported by the National Comprehensive Care Network (NCCN) recommendations. Ten percent of off-label use occurred at a U.S. <u>Food and Drug Administration</u> -approved cancer site but for a stage of cancer or line of therapy that was not recommended by the NCCN. Spending on these chemotherapies amounted to \$2 billion for off-label and NCCN supported uses and \$2.5 billion for off-label and NCCN unsupported uses, compared with \$7.3 billion for on-label uses.

"The overall proportion of off-label use that the authors identified is not high, especially when taking into account NCCN-approved indications, but the variation by drug and the associated costs are high," write the authors of an accompanying editorial. "The ultimate goal should not be zero off-label prescribing, but rather that the entire system be designed to maximize the likelihood of an optimal risk-benefit ratio for both individual patients and the system as a whole."

One author disclosed <u>financial ties</u> to <u>Genentech</u>; a second author is an economic expert for plaintiffs in suit against the manufacturer of rituximab.

More information: Abstract

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Editorial

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