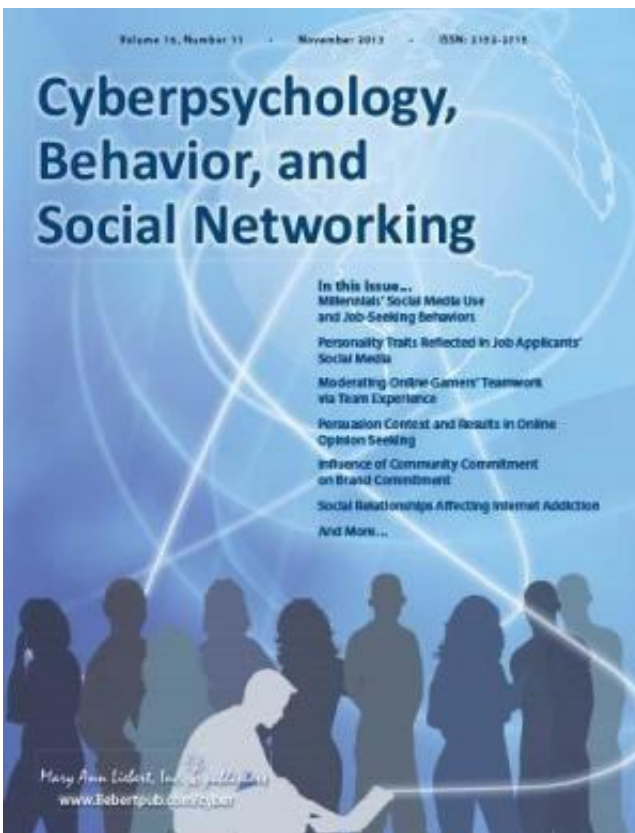


Does Facebook use affect body image in teen girls?

December 3 2013



Credit: © Mary Ann Liebert, Inc., publishers

"Appearance exposure" on the Internet has been linked to body image disturbance among adolescent girls. A new study that links specific Facebook activities, but not overall Facebook use to body dissatisfaction and a drive for thinness in teen girls is published in *Cyberpsychology*,

Behavior, and Social Networking.

In the article "[Facebook Photo Activity Associated with Body Image Disturbance in Adolescent Girls](#)," Evelyn Meier and James Gray, PhD, American University, Washington, DC, present the details of a study that identified an association between Facebook time spent on photo activity and [poor body image](#) among [adolescent girls](#) who internalize a thin ideal physique. The authors discuss the implications of these findings for eating disorder prevention programs and understanding the impact of [social networking](#) sites.

"Given the connection between eating disorders and body image distortion and dissatisfaction, it is important to identify contributing factors in this particularly vulnerable group," says Brenda K. Wiederhold, PhD, MBA, BCIA, Editor-in-Chief of *Cyberpsychology, Behavior, and Social Networking*, from the Interactive Media Institute, San Diego, CA. "By identifying these factors, we can move towards designing more effective prevention programs."

More information: The article is available free on the [Cyberpsychology, Behavior, and Social Networking](#) website.

Provided by Mary Ann Liebert, Inc

Citation: Does Facebook use affect body image in teen girls? (2013, December 3) retrieved 20 November 2023 from

<https://medicalxpress.com/news/2013-12-facebook-affect-body-image-teen.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--