

# Study links optimal asthma control with reduced health-care costs

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In a study of 736 asthma patients in Singapore, good asthma control resulted in a saving of S\$65 (US\$48) per physician visit. Compared with an average cost of S\$214 (US\$158) per visit, this reduction represents a cost saving of 30% versus suboptimally controlled asthma.

The savings from achieving asthma control for obese patients were greater than for normal-weight patients. The study also found that higher spending on asthma drugs comes with net savings in total asthma costs.

"This provides a strong economic case for all parties involved (patients, physicians, payers and policymakers) to improve [asthma control](#) for [asthma patients](#)," wrote the authors of the *Respirology* study.

**More information:** *Respirology* , [DOI: 10.1111/resp.12930](https://doi.org/10.1111/resp.12930)

Provided by Wiley

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