

## Treating type 2 diabetes and heart failure

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People with type 2 diabetes are at an increased risk for heart failure and many people have both diseases, which requires careful medical management.

A scientific statement from the American Heart Association and the



Heart Failure Society of America brings the management of both diabetes and <u>heart failure</u> into one document and describes new approaches to medications, lifestyle modifications as well as highlighting the importance of multi-disciplinary care that includes physicians, nurses, registered dieticians, social workers and other allied professionals.

The statement is published in the American Heart Association journal *Circulation*.

**More information:** Shannon M. Dunlay et al, Type 2 Diabetes Mellitus and Heart Failure: A Scientific Statement From the American Heart Association and the Heart Failure Society of America, *Circulation* (2019). DOI: 10.1161/CIR.00000000000000091

## Provided by American Heart Association

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