

Study supports glucocorticoid tapering in patients achieving disease control on tocilizumab

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The results of a randomised controlled trial presented today at the Annual European Congress of Rheumatology (EULAR 2019) demonstrate high levels of treatment success in approximately two thirds of patients despite tapered glucocorticoid (GC) discontinuation, while a small loss of disease control was observed at the total study population level.

"On the basis of our results, we believe that all patients achieving low disease activity or remission with tocilizumab should be offered glucocorticoid tapering," said Professor Gerd R. Burmester, Department of Rheumatology and Clinical Immunology, Charité - University Medicine Berlin, Germany.

Results demonstrate, after 24 weeks, a small but <u>significant difference</u> in disease activity following GC tapering with a between arm difference of 0.6 DAS28-ESR units (95% confidence interval (CI):0.3-0.9; p

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