

# College students experience significant grief reactions during global pandemic

June 30 2021

---



Credit: Pixabay/CC0 Public Domain

A new study shows that colleges students are experiencing significant

grief reactions in response to the COVID-19 pandemic. The paper, "College Student Experiences of Grief and Loss Amid the COVID-19 Global Pandemic," was recently published in *OMEGA—Journal of Death and Dying*.

"This study aimed to identify the most common non-death losses and grief reactions experienced by undergraduate and graduate college students amid the pandemic," said author Erica H. Surrine, Ph.D., director of Social Work at St. Jude Children's Research Hospital. "What we found is that students across the U.S., even those who may not have experienced a COVID-related death, still reported a considerable number of losses and grief reactions, including avoidance and loss of control. This presents a need for practitioners to provide additional support to [college students](#), especially those who experienced cumulative losses during the pandemic."

Surrine, a clinical social worker and grief expert, led this research while serving as dean of the College of Behavioral and Social Sciences at Southeastern University in Lakeland, Florida.

**More information:** Erica H. Surrine et al, College Student Experiences of Grief and Loss Amid the COVID-19 Global Pandemic, *OMEGA - Journal of Death and Dying* (2021). [DOI: 10.1177/00302228211027461](https://doi.org/10.1177/00302228211027461)

Provided by St. Jude Children's Research Hospital

Citation: College students experience significant grief reactions during global pandemic (2021, June 30) retrieved 19 November 2023 from <https://medicalxpress.com/news/2021-06-college-students-significant-grief-reactions.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private

study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.