

Omicron to be dominant variant in EU by mid-January

December 15 2021, by Samuel Petrequin



European Commission President Ursula von der Leyen arrives for a meeting of the College of Commissioners, in Strasbourg, France, Tuesday, Dec. 14 2021. The College will discuss on a comprehensive package on energy and climate action and will also adopt a proposal for a revision of the Schengen Borders Code. Credit: Julien Warnand, Pool Photo via AP

Omicron is expected to be the dominant coronavirus variant in the European Union's 27 nations by mid-January, the bloc's top official said Wednesday amid concerns that a dramatic rise in infections will leave Europe shrouded in gloom during the holiday season.

European Commission President Ursula von der Leyen said the EU is well prepared to fight omicron with 66.6% of its population fully vaccinated. She expressed disappointment that the pandemic will again disrupt year-end celebrations but said she was confident the EU has the "strength" and "means" to overcome COVID-19.

"Like many of you, I'm sad that once again this Christmas will be overshadowed by the pandemic," she said.

The EU-wide vaccination rate obscures that some EU nations, like Portugal and Spain, have immunized the vast majority of their people while other countries lag way behind. Bulgaria, for example, has just 26.6% of its population fully vaccinated, according to the European Centre for Disease Prevention and Control.

Continental Europe can look at Britain for a sense of what lies ahead as omicron spreads; U.K. officials say it will be the country's dominant variant within days. The head of the U.K. Health Security Agency, Dr. Jenny Harries, said omicron is displaying a staggering growth rate compared to previous variants.

"The difficulty is that the growth of this virus, it has a doubling time which is shortening, i.e. it's doubling faster, growing faster," Harries told a parliamentary committee on Wednesday. "In most regions in the U.K., it is now under two days. When it started, we were estimating about four or five."

Harries said the variant poses "probably the most significant threat we've

had since the start of the pandemic."

Britain on Wednesday recorded 78,610 new infections, its highest confirmed daily total of the pandemic. But deaths remained far lower than during the country's previous peaks, before vaccines against the coronavirus were widely deployed. Scientists have said they don't know yet if omicron is as lethal as other virus variants.

Alarming rises in infections as winter approached and the delta variant remained at large prompted many European governments to implement public health measures as [excess mortality](#) increased during the fall.

The head of the World Health Organization says 77 countries have reported cases of omicron but the variant is probably in most countries by now, just not yet detected. WHO says data is still coming in and much remains unknown about the new variant.

According to an analysis [Tuesday of data from South Africa](#), where omicron is driving a surge in infections, the variant seems to be more easily spread from person to person and better at evading vaccines while causing less serious illness.

"Omicron is spreading at a rate we have not seen with any previous variant. We are concerned that people are dismissing omicron as mild," WHO Director-General Tedros Adhanom Ghebreyesus said. "Surely we have learned by now that we underestimate this virus at our peril."

Tedros emphasized that vaccines were just one tool—if a major one—to fight the pandemic, along with measures like mask-wearing, better indoor ventilation, social distancing and hand washing.

With omicron now on the scene, more countries are adopting restrictions. Italy this week required negative tests from vaccinated

visitors, raising concerns that similar moves elsewhere will limit the ability of EU citizens to travel to see friends and relatives over the holidays.

Portugal adopted a similar measure on Dec. 1, requiring a mandatory negative test for all passengers on arriving flights, regardless of their vaccination status, point of origin or nationality.

Greece announced Wednesday that all arriving travelers must display a negative test starting Sunday unless they have spent less than 48 hours abroad.

Von der Leyen said the EU faces a double challenge, with a massive increase of cases in recent weeks due to the delta variant combined with the rise of omicron.

"We're seeing an increasing number of people falling ill, a greater burden on hospitals and unfortunately, an increase in the number of deaths," she told European Parliament lawmakers.

Von der Leyen insisted that the increase in infections in Europe right now remains due "almost exclusively" to the delta variant. She said that fighting vaccine skepticism is key, especially in EU nations with lower vaccination rates.

"Because the price that we will pay if people are not vaccinated continues to increase," she said. "It's also a problem for our elderly citizens, who once again this Christmas can't see their grandchildren. And it's also a problem for those children who once again can't go to school. What kind of a life is that?"

Echoing von der Leyen's comments, German Chancellor Olaf Scholz vowed Wednesday that his new government would do everything for

Germany to overcome the coronavirus pandemic and let people return to normal lives.

"We have no time to waste," said Scholz, who took office as Germany grapples with its biggest wave of infections during the pandemic to date.

Scholz also said his German government won't tolerate a "tiny minority" of extremists trying to impose their will against coronavirus policies.

As governments braced for the holiday season, Greece, Italy, Spain and Hungary began vaccinating children aged 5-11 against COVID-19.

EU leaders have a summit scheduled for Thursday in Brussels.

© 2021 The Associated Press. All rights reserved. This material may not be published, broadcast, rewritten or redistributed without permission.

Citation: Omicron to be dominant variant in EU by mid-January (2021, December 15) retrieved 21 November 2023 from <https://medicalxpress.com/news/2021-12-eu-omicron-dominant-variant-mid-january.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--