

# Promising nose spray could prevent, treat COVID-19

March 28 2022

---



Credit: Pixabay/CC0 Public Domain

A newly discovered small molecule could be sprayed into people's noses to prevent COVID-19 illness prior to exposure and provide early treatment if administered soon after infection, according to a study in mice led by Cornell University researchers.

The study, published in *Nature*, employed experimental mice engineered

with human receptors for the coronavirus on their cell surfaces and found the molecule, called N-0385, inhibited entry of the virus into cells in the body. At Cornell, N-0385 was shown to protect mice from [infection](#) prior to exposure, while also providing [effective treatment](#) when administered up to 12 hours after exposure. The molecule was developed in collaboration with investigators at the Université de Sherbrooke in Quebec, Canada.

The treatment holds promise for both preventing disease and reducing severity of and mortality from COVID-19 post-infection with a few single daily doses.

"There are very few, if any, small molecule antivirals that have been discovered that work prophylactically to prevent infection," said Hector Aguilar-Carreno, associate professor of virology, and senior author of the paper.

"This is the first of its kind," Aguilar-Carreno said. "One advantage is that it works early in the infection, even after someone has already acquired the virus."

The broad-spectrum therapy was tested in mice exposed to the first strain detected in the U.S. in Washington state in 2020, as well as the Delta strain, but has not been tested on the Omicron variant, though the researchers are optimistic it will remain effective.

Researchers introduced the small molecule intranasally into the mice before, during, and/or after infection.

They tracked the mice's weight—as [weight loss](#) signals infection and is a good indicator of disease— and other clinical and pathological measurements, such as temperature and mortality, and mouse tissue analysis to understand how well the mice responded. The therapy

prevented the [mice](#) from losing weight, prior to coronavirus exposure, and from dying post infection. Even up to 12 hours after infection, the treatment showed very good efficacy, Aguilar-Carreno said.

A California-based company, EBVIA Therapeutics, Inc., is currently raising funds for [human trials](#), [drug development](#), formulation and [mass production](#). If money is raised quickly, and if human trials prove successful, the hope is that the treatment could be submitted for FDA emergency-use approval within a minimum of six months.

"The N-0385 therapy is simpler and less expensive to mass produce than other types of COVID-19 treatments, such as monoclonal antibodies," Aguilar-Carreno said.

**More information:** Tirosh Shapira et al, A TMPRSS2 inhibitor acts as a pan-SARS-CoV-2 prophylactic and therapeutic, *Nature* (2022). [DOI: 10.1038/s41586-022-04661-w](#)

Provided by Cornell University

Citation: Promising nose spray could prevent, treat COVID-19 (2022, March 28) retrieved 19 November 2023 from <https://medicalxpress.com/news/2022-03-nose-covid-.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--