

Obesity linked to increased risk for Crohn disease

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Obesity, as measured by body mass index (BMI), is associated with an

increased risk for Crohn disease (CD) but not ulcerative colitis (UC), according to a study published in the May issue of *Clinical Gastroenterology & Hepatology*.

Simon S. M. Chan, M.B., B.Chir., Ph.D., from the Norfolk and Norwich University Hospital National Health Service Trust in the United Kingdom, and colleagues conducted pooled analyses of data from five prospective cohort studies with validated anthropometric measurements for BMI and waist-hip ratio and other [lifestyle factors](#) to examine the association between obesity and CD and UC risk.

The researchers confirmed 563 incident cases of CD and 1,047 incident cases of UC among 601,009 participants with 10,110,018 person-years of follow-up. Compared with normal BMI (18.5 to

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