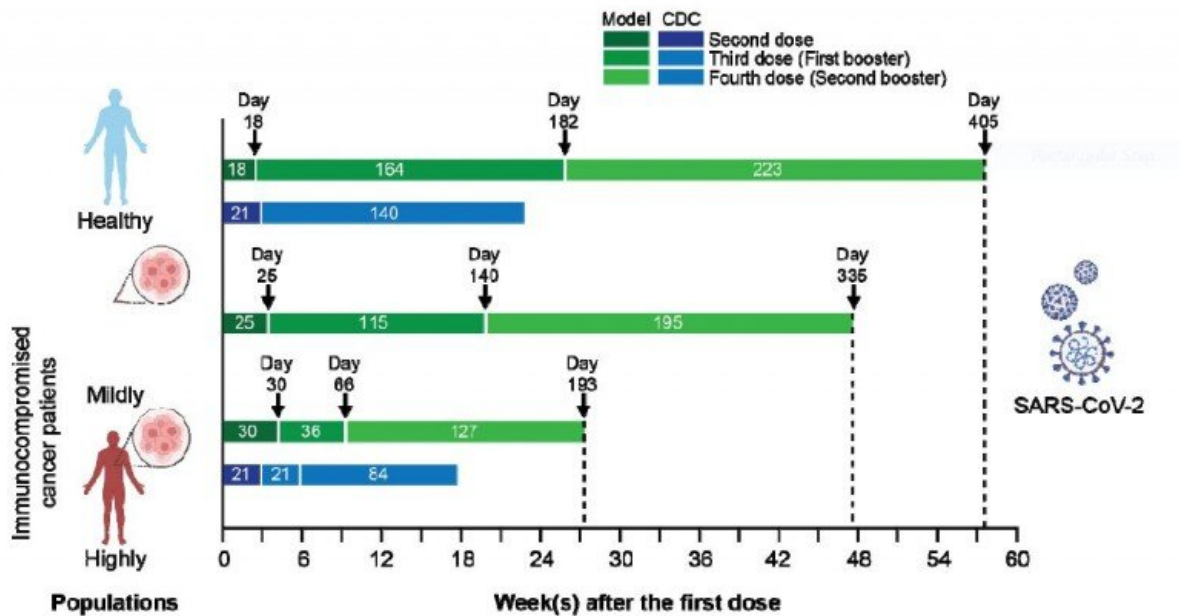


Study suggests longer time between COVID-19 vaccines more effective for some

April 19 2023



Model-predicted optimal dosing and CDC-recommended dosing schedules for the Pfizer-BioNTech vaccine in healthy and immunocompromised sub-populations. The ongoing CDC guidelines for dosing schedules are represented by the blue bands and those predicted by the model are shown in green. Credit: (2022). DOI: 10.1101/2022.09.14.22279959

With the FDA authorizing a second bivalent booster this week for individuals at high risk from COVID-19 and the CDC expected to sign off on it as well, a recent Houston Methodist study may offer some

guidance on when certain populations should get that next booster. A research team of computational medicine and data scientists from the Houston Methodist Research Institute predicted the immune response to COVID-19 vaccines with a math model they developed and also found that current CDC dosing intervals may require customization to protect all individuals alike.

"Forecasting [immune response](#) allows us to identify dosing strategies that may improve [vaccine effectiveness](#) and ensure long-term protection against the virus, based on the needs of individual subpopulations," said the study's corresponding author, Prashant Dogra, Ph.D. "For example, [immunocompromised patients](#) may exhibit reduced antibody production after vaccination than what is seen in the [general population](#)."

The researchers created a [computational tool](#) that can reliably simulate the immune response in thousands of demographically diverse patients in a matter of minutes, allowing them to answer questions that otherwise would be expensive and time-consuming experimentally or clinically. The tool helped them identify the best dosing protocols to ensure protection for prolonged periods. One interesting result in patients with a high degree of immunosuppression was that a slight delay in the second dose allows the immune system to recover and produce more antibodies and, therefore, provides greater protection.

Dogra, an assistant research professor of mathematics in medicine, led the project together with Zhihui "Bill" Wang, Ph.D., research professor of computational biology in medicine, and Vittorio Cristini, Ph.D., the director of the Mathematics in Medicine Program at the Houston Methodist Academic Institute. The study, titled "A modeling-based approach to optimize COVID-19 vaccine dosing schedules for improved protection," is under peer review with a prominent medical journal and is currently posted on the preprint server *medRxiv*.

During a public health emergency, such as the COVID-19 pandemic, time and resource limitations create a challenge to efficiently conduct clinical trials to assess the safety and effectiveness of new vaccines. This can lead to inequitable inclusion of subjects from various age groups, genders, racial and ethnic minorities, among other demographic variables.

So, while the CDC guidelines only distinguish between healthy and immunocompromised subjects, the math model expands upon that and identified striking differences in vaccine efficacy across a spectrum of subjects with varying levels of immune-health competency. It revealed the level of variation in immune response across the subjects of these subpopulations and the protection offered by vaccines against the original versus mutant strains of SARS-CoV-2.

Identifying critical waiting windows for highly immunocompromised subjects, such as cancer patients undergoing chemotherapy, allows the [immune system](#) to recover to the point that it can produce enough vaccine-induced antibodies for effective disease protection. Their model has the potential to supplement phase 3 vaccine [clinical trials](#) by extensively exploring the effects of population-scale biological variability on vaccine outcomes in a virtual population, which is otherwise hard to capture in a real clinical trial.

"We developed the [mathematical model](#) based on literature-derived clinical trial data for mRNA-based COVID-19 vaccines and used the model to perform computational experiments to explore various clinical scenarios and identify strategies for improved vaccine outcomes," Wang said. "We performed thousands of simulations to represent a diverse virtual population of human subjects who received a simulated vaccination and analyzed the results to identify the optimal vaccination schedules for various patient categories."

While the paper covers immunocompromised subpopulations, the research team also currently is studying various other special populations, such as racial and ethnic groups, the elderly, pregnant women and pediatrics.

Moving forward, they will be making their model generalizable to different vaccines and infections that will allow them to create a reliable tool that can be applied to future outbreaks to support the development of new vaccines and guide public health policy in this context. Over the next year, they plan to publish an updated version of the model that can be applied to and has been validated on multiple vaccines.

More information: Prashant Dogra et al, A modeling-based approach to optimize COVID-19 vaccine dosing schedules for improved protection, *medRxiv* (2022). [DOI: 10.1101/2022.09.14.22279959](https://doi.org/10.1101/2022.09.14.22279959)

Provided by Houston Methodist

Citation: Study suggests longer time between COVID-19 vaccines more effective for some (2023, April 19) retrieved 1 February 2024 from <https://medicalxpress.com/news/2023-04-longer-covid-vaccines-effective.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--