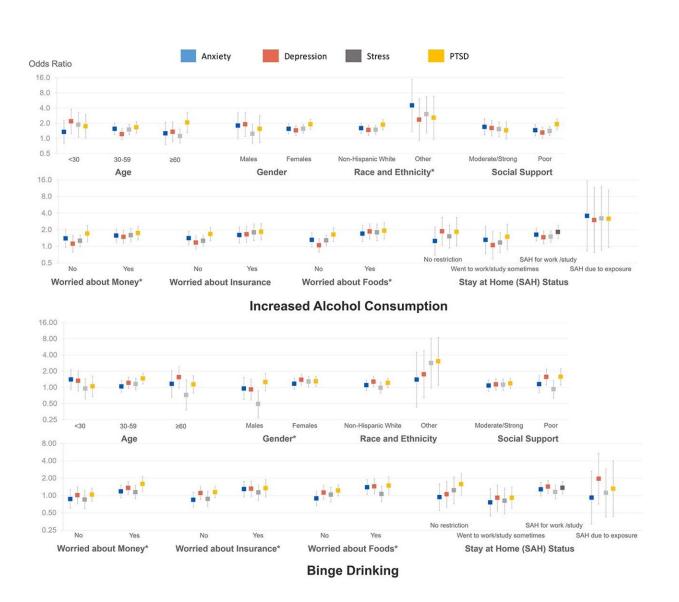


## Study reveals insights on pandemic-related drinking and mental health



April 3 2023, by David J. Hill

Odds Ratios and 95% confidence intervals for stratified association of increased alcohol use and binge drinking with mental health disorders. Footnote: Among racial minorities, individuals with worries about money, and individuals with



restricted stay-at-home status due to COVID-19 exposure, the association between increased alcohol use and adverse mental health symptoms appeared to be stronger than their counterparts. Among females, individuals with poor social support, and individuals with worries about money, insurance, food and grocery items, the association between binge drinking and adverse mental health symptoms appeared to be stronger than their counterparts. <sup>\*</sup>P for interaction

Citation: Study reveals insights on pandemic-related drinking and mental health (2023, April 3) retrieved 19 November 2023 from <u>https://medicalxpress.com/news/2023-04-reveals-insights-pandemic-related-mental-health.html</u>

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