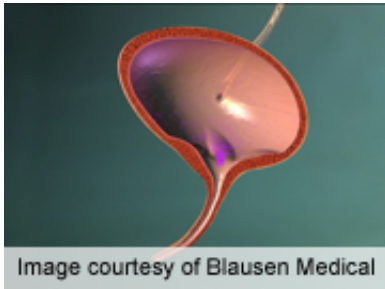


Prevalence of interstitial cystitis/chronic prostatitis ID'd

7 January 2013



The symptoms of interstitial cystitis/bladder pain syndrome and chronic prostatitis/chronic pelvic pain syndrome are widespread among men in the United States, according to research published in the January issue of *The Journal of Urology*.

(HealthDay)—The symptoms of interstitial cystitis/bladder pain syndrome (IC/BPS) and chronic prostatitis/chronic pelvic pain syndrome (CP/CPSP) are widespread among men in the United States, according to research published in the January issue of *The Journal of Urology*.

After developing validated case definitions to identify IC/BPS or CP/CPSP in the RAND [Interstitial Cystitis](#) Epidemiology study, Anne M. Suskind, M.D., of the University of Michigan in Ann Arbor, and colleagues used population-based methods to screen 6,072 households by telephone for men with symptoms of IC/BPP or CP/CPSP. A total of 149 men met the inclusion criteria and completed the telephone survey.

The researchers found that the weighted prevalence of IC/BPS was estimated at 4.2 percent for a high-sensitivity definition and 1.9 percent for a high-specificity definition. The weighted prevalence of CP/CPSP was estimated at 1.8 percent. These values would equate to 1,986,972 men with CP/CPSP in the United States and 2,107,727 men with the high-specificity definition of IC/BPS. The estimated overlap between high specificity IC/BPS

and CP/CPSP was 17 percent.

"The prevalence of and the degree of overlap between IC/BPS and CP/CPSP in U.S. men are higher than previously thought," the authors write. "These estimates suggest that these conditions are widespread and that they might be underdiagnosed by physicians."

More information: [Abstract](#)
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