

# American Pain Society releases guideline on postoperative pain

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modalities, organizational policies, and transition to outpatient care. Proper management of postoperative pain begins with an assessment of the patient in the preoperative period and development of a care plan specific to the individual and the [surgical procedure](#) involved. For many situations, evidence supports the use of multimodal regimens for [pain management](#).

"Safe and effective [postoperative pain](#) management should be on the basis of a plan of care tailored to the individual and the surgical procedure involved, and multimodal regimens are recommended in many situations," the authors write.

**More information:** [Abstract](#)  
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(HealthDay)—The American Pain Society has issued recommendations on the management of postoperative pain. The clinical practice guideline was published in the February issue of the *Journal of Pain*.

Roger Chou, M.D., of the Oregon Health and Science University in Portland, and colleagues, with input from the American Society of Anesthesiologists, convened a multidisciplinary expert panel to develop a [clinical practice guideline](#) for evidence-based, effective, and safer management of postoperative pain in children and adults. The guideline also was reviewed and approved by the American Society for Regional Anesthesia.

The authors conducted a systematic review of the evidence and formulated 32 recommendations for various aspects of postoperative pain management, including preoperative education, perioperative pain management planning, use of different pharmacological and nonpharmacological

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