

# Surgery for gastro-oesophageal reflux disease found safe

21 March 2016

A new analysis indicates that death rates and the need for additional operations following laparoscopic surgery for gastro-oesophageal reflux disease are very low.

Among 8947 patients, 90- and 30-day mortality rates were 0.08% and 0.03%, respectively. Only 1 death (0.01%) was directly [surgery](#)-related. The 90-day reoperation rate was 0.4%.

The findings demonstrate that [laparoscopic surgery](#) offers a remarkably safe alternative to acid reflux drugs.

"One of the main arguments against using antireflux surgery has been that it carries a risk of mortality," said Dr. John Maret-Ouda, author of the *British Journal of Surgery* study. "However, considering our findings, antireflux surgery can be considered a safe procedure, and it might be an underutilized treatment option in selected individuals with documented gastro-oesophageal reflux disease."

**More information:** *British Journal of Surgery* , [dx.doi.org/10.1002/bjs.10141](https://doi.org/10.1002/bjs.10141)

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