

# Lower psoriasis area, severity scores for women versus men

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(HealthDay)—Women have lower median Psoriasis Area and Severity

Index (PASI) scores than men, according to a study published online March 24 in the *American Journal of Clinical Dermatology*.

David Hägg, from Umeå University in Sweden, and colleagues examined the [sex differences](#) in the severity of [psoriasis](#) using the PASI and the distinct elements of the PASI score in a cross-sectional study involving 5,438 patients experiencing moderate-to-severe psoriasis.

The researchers found that across all ages, [women](#) had statistically significantly lower median PASI scores than men (5.4 versus 7.3; P

"These findings motivate a gender perspective in the management of psoriasis and in the prevention and management of its comorbidities," the authors write.

**More information:** [Abstract/Full Text](#)

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