

Study identifies new target for treatment of pulmonary hypertension

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Scientists at Stanley Manne Children's Research Institute at Ann & Robert H. Lurie Children's Hospital of Chicago have identified a gene called FoxM1 as a promising target for treatment of pulmonary hypertension, or high blood pressure in the lung arteries. Patients with this severe lung disease that damages the right side of the heart have a five-year survival rate of 50 percent. The study results, published in the *American Journal of Respiratory and Critical Care Medicine*, will drive development of new drugs to reverse a process called vascular remodeling, or thickening of lung artery walls - a key feature in pulmonary hypertension.

"Currently we do not have drugs that target vascular remodeling in [pulmonary hypertension](#)," says lead author Zhiyu Dai, PhD, from the Manne Research Institute at Lurie Children's, who also is a Research Assistant Professor of Pediatrics at Northwestern University Feinberg School of Medicine. "Our study shows that when we deleted the FoxM1 gene in the [smooth muscle cells](#) of the artery in mice, the result was thinner [artery walls](#), reduced blood pressure in the lung and improved right heart function. We can use a compound against FoxM1 to reverse vascular remodeling in rat models of the disease. "

FoxM1 gene controls cell growth and its function has been studied in cancer proliferation. Research on this gene is still in the preclinical stage. Dr. Dai and colleagues were the first to use a genetically modified mouse model to establish the role of FoxM1 in pulmonary hypertension. Without this gene in smooth muscle cells, the mouse does not grow thicker artery walls and so does not develop [high blood pressure](#) in the lung.

Dr. Dai and colleagues also discovered that in pulmonary hypertension, the FoxM1 gene is turned on by many growth factors that are released by damaged endothelial cells, which line the inner wall of the artery. Endothelial cell damage is considered

to be the initial event in the development of pulmonary hypertension. Signals from the released growth factors induce FoxM1 gene expression to increase production of smooth muscle cells in the middle layer of the artery wall, which causes artery wall thickening.

"We will now focus on developing new drugs that will inhibit the FoxM1 gene and hopefully improve outcomes for patients with pulmonary hypertension," says Dr. Dai.

Provided by Ann & Robert H. Lurie Children's Hospital of Chicago

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