

## Both high and low uric acid levels tied to higher mortality

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(HealthDay)—Both high and low uric acid levels are associated with an

increased risk of dying, according to a study published in the July issue of *Arthritis & Rheumatology*.

Sung Kweon Cho, M.D., Ph.D., from Sungkyunkwan University in Seoul, South Korea, and colleagues evaluated the association between uric [acid](#) levels and the risk of all-cause and cause-specific [mortality](#) among 375,163 Korean adults over a range of uric acid levels using national health records (2002 to 2012).

The researchers found that over the study period (2,060,721.9 person-years), 2,020 participants died, with 287 cardiovascular disease (CVD)-related deaths and 963 cancer deaths. Both low and high uric acid levels were associated with increased all-cause, CVD, and cancer mortality. For all-cause mortality in the lowest uric acid categories (

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