

Poor glycemic control linked to sarcopenia in T2DM

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(HealthDay)—For patients with type 2 diabetes, poor glycemic control is

associated with sarcopenia, according to a study published online May 9 in the *Journal of Diabetes Investigation*.

Ken Sugimoto, M.D., Ph.D., from Osaka University Graduate School of Medicine in Suita, Japan, and colleagues examined whether glycemic control is associated with sarcopenia in type 2 [diabetes](#). Participants included 746 patients with type 2 diabetes and 2,067 individuals from the [general population](#).

The researchers found that 52 patients with type 2 diabetes were diagnosed with sarcopenia, defined as weak grip strength or slow usual gait speed and low skeletal mass index. There was a linear increase in the frequency of sarcopenia with hemoglobin A1c (HbA1c) level, especially in lean individuals (HbA1c

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