

Second woman dies in Spain listeria outbreak

August 27 2019

A woman died Tuesday after eating tainted meat in Spain, the second fatality in a listeria outbreak that has seen more than 200 people infected with the potentially fatal food-borne bacteria, authorities said.

The government of the southern region of Andalusia said in a statement a 74-year-old patient died in hospital in Seville just over a week after a 90-year-old woman also passed away.

Listeria is a common bacteria and most people who consume tainted foods do not become ill.

But for [elderly people](#), [pregnant women](#) or those with serious conditions like diabetes or cancer, it poses a serious threat.

The regional government said a total of 196 people in Andalusia are confirmed to have been infected.

It warned earlier this month that a product of pork stuffed with garlic and other condiments and sold under the commercial name "la Mecha", was the source of the [listeria outbreak](#).

The delicacy is made by Seville-based company Magrudis. Its factory has since been closed and all of its meat recalled from shops.

Spain's [health ministry](#) said the outbreak has spread to other regions, with seven confirmed cases outside Andalusia.

A British citizen was infected and diagnosed in France after eating stuffed meat in Seville, it added.

A [woman](#) has lost her baby due to the bacteria.

Listeriosis begins with flu-like symptoms including chills, fever and muscle aches. It can take up to six weeks after consuming contaminated foods for symptoms to occur.

© 2019 AFP

Citation: Second woman dies in Spain listeria outbreak (2019, August 27) retrieved 1 March 2023 from <https://medicalxpress.com/news/2019-08-woman-dies-spain-listeria-outbreak.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.