

# Study examines sex differences in potential link between psoriasis and metabolic disorders

December 4 2019

---

An analysis published in the *Journal of the European Academy of Dermatology and Venereology* revealed considerable sex differences when considering links between psoriasis and metabolic disorders.

In the study of 3,723 adults, 25.8% of the women had metabolic syndrome, and the prevalence was higher in women with psoriasis than without (36.8% versus 25.4%). Similarly, more women with psoriasis had diabetes (12%) than those without psoriasis (5%).

The prevalence of metabolic syndrome in men was 37.9%. Contrary to what was seen in women, men with psoriasis less often had [metabolic syndrome](#) than men without psoriasis (27% versus 38%). The prevalence of diabetes was slightly higher in men with psoriasis compared with men without psoriasis (12% versus 8%).

**More information:** W. Sondermann et al, Psoriasis, cardiovascular risk factors and metabolic disorders: sex-specific findings of a population-based study, *Journal of the European Academy of Dermatology and Venereology* (2019). [DOI: 10.1111/jdv.16029](https://doi.org/10.1111/jdv.16029)

Provided by Wiley

Citation: Study examines sex differences in potential link between psoriasis and metabolic disorders (2019, December 4) retrieved 3 May 2023 from <https://medicalxpress.com/news/2019-12-sex-differences-potential-link-psoriasis.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.