

Excess mortality observed for older adults with BP below 130/80 mm hg

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(HealthDay)—For older adults, blood pressure (BP) Age and Ageing.

Jane A.H. Masoli, M.B.Ch.B., from the University of Exeter Medical School in the United Kingdom, and colleagues conducted a prospective observational analysis using electronic health records to examine the correlation between BP and [mortality](#)/cardiovascular outcomes in a primary care population aged older than 75 years and stratified by frailty.

The researchers found that with systolic BPs (SBPs) > 150 mm Hg, the risks for cardiovascular outcomes increased. There was [variation](#) noted in the associations with mortality between nonfrail

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