

A newly discovered disease may lead to better treatment of cystic fibrosis

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Comparison between the normal TMEM16A protein and the mutated variant showing the truncating effect that leads to the loss of vast portions of the protein. This leads to severe structural alterations. Credit: J. Park et al. 2020/ *Journal of Medical Genetics*

Cystic fibrosis is the most frequent severe inherited disorder worldwide. Every year, hundreds of families are confronted with this diagnosis—and to date, there is no cure for this disease, which mainly affects the respiratory system. Besides supportive treatments, a lung transplant is often the only option to save a patient's life. Researchers of the Universities of Münster and Regensburg have now discovered a novel disease that might lead to a better understanding of cystic fibrosis and new treatment options in the future. The results have been published in the scientific journal *Journal of Medical Genetics*.

Cystic [fibrosis](#) is caused by mutations in the cystic fibrosis transmembrane conductor regulator gene (CFTR). This gene contains the blueprint for a [chloride channel](#) on the surface of cells in the body. Normally, this channel mediates the

accumulation of salt and fluids on the surface of the airways, thereby leading to a continuous cleaning of the airways. Defects in the CFTR channel prevent the transport of chloride ions and thus the humidification of the respiratory tract. As a result, the airways of affected individuals literally get plugged by a viscous mucus that leads to airway obstruction, leaving patients at risk of suffocating.

At the University of Münster, the lab of Prof. Thorsten Marquardt has discovered a new disease that is caused by defects in another chloride channel, TMEM16A. This channel is also present on the surface of airway cells. In cooperation with the lab of Prof. Karl Kunzelmann of the University of Regensburg, the researchers evaluated the cellular effects of the disorder that is caused by a total loss of TMEM16A function. Surprisingly, they discovered that in addition to TMEM16A, CFTR is not functional in these patients. This discovery has the potential to improve the treatment of patients suffering from cystic fibrosis.

"We were astonished that children with TMEM16A deficiency don't have any respiratory symptoms at all. A loss of CFTR function due to lack of TMEM16A does not lead to clinical symptoms of cystic fibrosis in these kids," says Dr. Julien Park, first author and researcher at the Marquardt lab at the Department of General Pediatrics at the University Hospital Münster. Similarly, the group of Prof. Karl Kunzelmann found in a [mouse model](#) that a double knock-out of CFTR and TMEM16A does not result in lung disease.

Taken together, these results raise an intriguing question: Could the pharmacological inhibition of TMEM16A improve the respiratory symptoms of patients with cystic fibrosis? A significant reduction of mucus production and secretion as a consequence of TMEM16A inhibition has previously been shown under laboratory conditions. The researchers want to study this approach further in the future: "As a next step, we are planning

[clinical trials](#) to evaluate a treatment of [cystic fibrosis](#) with TMEM16A inhibitors," says Karl Kunzelmann.

More information: Julien H Park et al, TMEM16A deficiency: a potentially fatal neonatal disease resulting from impaired chloride currents, *Journal of Medical Genetics* (2020). [DOI: 10.1136/jmedgenet-2020-106978](#)

Provided by University of Münster

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