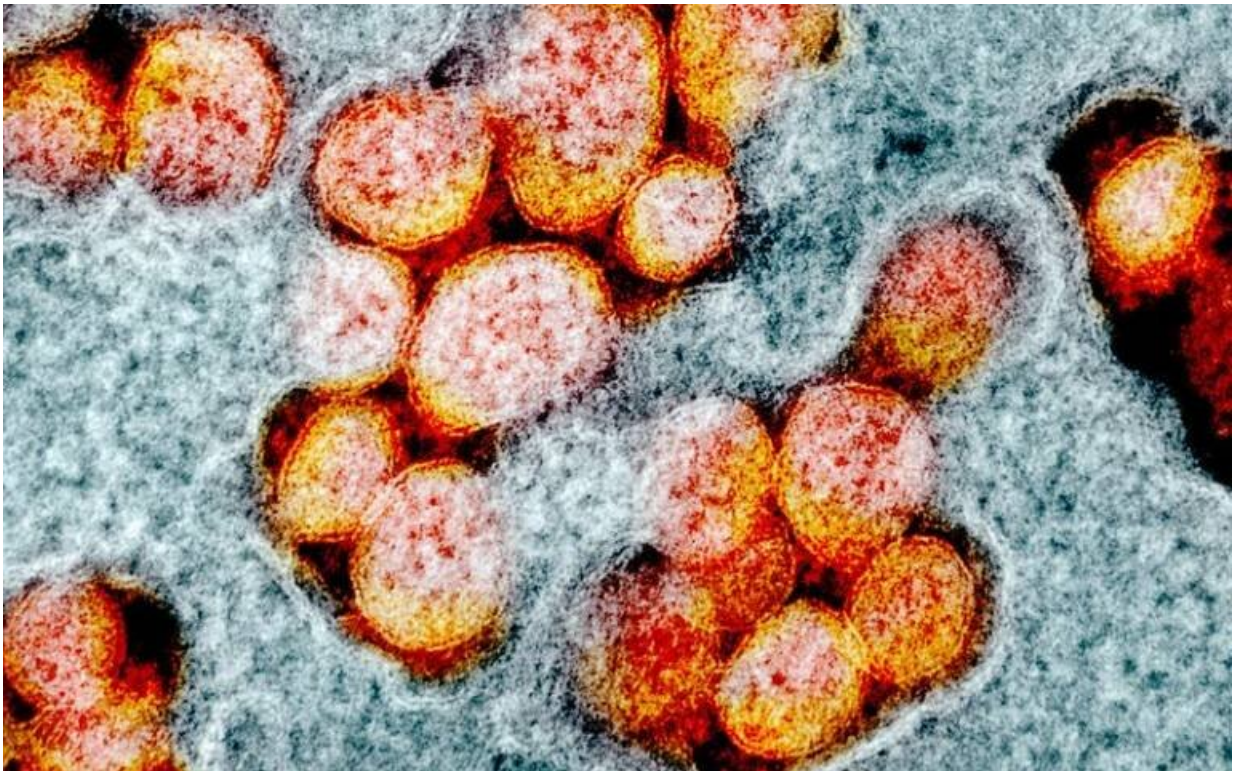


Novel antiviral drug significantly more potent against SARS-CoV-2

January 28 2021



Novel Coronavirus SARS-CoV-2: Transmission electron micrograph of SARS-CoV-2 virus particles, isolated from a patient. Credit: NIH Image gallery on [Flickr](#). CC BY 2.0

The antiviral drug plitidepsin is between 10 and 100 times more effective against SARS-CoV-2, including the new UK variant, than the

NHS approved drug remdesivir, finds new preclinical research involving UCL scientists.

As part of a coronavirus collaboration with US researchers, a UCL team was asked to test the efficacy of the drug plitidepsin on the newly identified UK variant mutant strain B.1.1.7.

The UK arm of the study, published on the pre-print server bioRxiv, found plitidepsin was around 10 times more potent than [remdesivir](#) in vitro (in human epithelial cells) – at reducing B.1.1.7 infectivity.

This UCL research mirrors the results of the larger arm of the study based in the US, which has been through peer-review, and was conducted by collaborators at the Quantitative Biosciences Institute (QBI), part of University of California San Francisco, and the Icahn School of Medicine at Mount Sinai, New York (ISMMS).

For the US-led paper, published in *Science*, researchers screened numerous clinically approved drugs, in order to identify those with inhibitory activity against SARS-CoV-2. Specifically they were looking for "host-directed therapies," those which target host (human) proteins, rather than virus proteins, which are usually targeted to inhibit infection.

Plitidepsin, also known as Aplidin, is a novel drug approved by the Australian Regulatory Agency for the treatment of multiple myeloma, and is part of numerous other Phase II/III clinical cancer trials around the world.

The US arm of the study found that plitidepsin was 27.5 times more potent than remdesivir in vitro, at inhibiting (preventing further infection) SARS-CoV-2, the virus that causes COVID-19. This research was also carried out in vitro—in cells in the laboratory, not in patients.

In addition, the study found that plitidepsin was 100 times more effective than remdesivir at reducing the viral replication in the lungs and demonstrated an ability to reduce lung inflammation—one of the most serious side effects of COVID-19. This element was conducted in vitro in an established mouse model of human lung cells.

The UCL arm of the study only studied the UK variant and found comparable anti-viral activity in vitro against B.1.1.7, but did not measure lung inflammation.

Senior author, Professor Greg Towers (UCL Infection & Immunity) said: "These studies show plitidpesin is a highly potent inhibitor of SARS-CoV-2, and is significantly more effective than the widely approved remdesivir against both early and more recent lineages of the virus.

"But it's most important strength is that it targets a host protein rather than a viral protein. This is really exciting; by targeting a host (human) protein, the effectiveness of plitidpesin will not be altered by mutant variants in SARS-CoV-2.

"We now have a broad range of approved drugs with activity against the virus and we can consider using them directly and improving them. It is also realistic to expect some of these drugs to be effective against a range of zoonotic coronaviruses."

The researchers say plitidpesin should now be further evaluated as a COVID-19 therapy.

The US arm of the study also assessed the dynamics between the antiviral effects of plitidepsin and remdesivir when used together in vitro. This analysis suggested that plitidepsin has an additive effect with remdesivir and would be a potential candidate to be considered in a

combined therapy.

Corresponding author, Associate Professor Clare Jolly (UCL Infection & Immunity), added: "These results highlight the importance of continued development of host-directed therapeutics to combat current and future [coronavirus](#) variant outbreaks."

In the UCL study, human epithelial cells, infected with the UK variant B.1.1.7, were treated with plitidepsin. In basic terms, researchers found it took 10 times less plitidepsin, than remdesivir, to reduce the infection by half. Meaning plitidepsin is 10 times more potent. The same experiment was conducted by the US arm and found plitidepsin was 27.5 times potent. Researchers in the US also carried out similar tests on a mouse model of lungs, which found plitidepsin was 100 times more effective. Researchers say these findings point to the same conclusion that plitidepsin is significantly more potent.

More information: Ann-Kathrin Reuschl et al. Host-directed therapies against early-lineage SARS-CoV-2 retain efficacy against B.1.1.7 variant, (2021). [DOI: 10.1101/2021.01.24.427991](https://doi.org/10.1101/2021.01.24.427991)

Provided by University College London

Citation: Novel antiviral drug significantly more potent against SARS-CoV-2 (2021, January 28) retrieved 14 February 2024 from <https://medicalxpress.com/news/2021-01-antiviral-drug-significantly-potent-sars-cov-.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.