

Actinic keratosis diagnosis ups cumulative risk for skin cancer

March 29 2021



(HealthDay)—The annual increase in risk for cutaneous squamous cell

carcinoma (cSCC) is higher for patients who have received a diagnosis of one or more actinic keratoses (AKs), according to a study published online March 24 in *JAMA Dermatology*.

Shabnam Madani, M.D., from Kaiser Permanente in Walnut Creek, California, and colleagues followed 220,236 patients with AK and 220,236 matched controls to assess the 10-year incidence of cSCC.

The researchers found that the risk for cSCC increased with each year of follow-up by 1.92 percent in patients with AK and by 0.83 percent in matched control patients (hazard ratio, 1.90). However, risk was substantially greater among patients aged 49 years and younger diagnosed with AK (hazard ratio, 6.77). The cumulative incidence of cSCC reached 17.1 percent at 10 years among patients with AK and 5.7 percent in control patients. There was a modest association observed between increased numbers of AKs and increased cSCC risk (≥ 15 AKs versus one AK: hazard ratio, 1.89). Risk factors for cSCC, other than AK, included [older age](#), White race (a proxy for skin type), history of basal cell carcinoma, and male sex.

"These results can be used to develop recommendations for risk-based patient education, treatment, and surveillance," the authors write.

More information: [Abstract/Full Text \(subscription or payment may be required\)](#)

Copyright © 2021 [HealthDay](#). All rights reserved.

Citation: Actinic keratosis diagnosis ups cumulative risk for skin cancer (2021, March 29) retrieved 25 March 2023 from <https://medicalxpress.com/news/2021-03-actinic-keratosis-diagnosis-ups-cumulative.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.