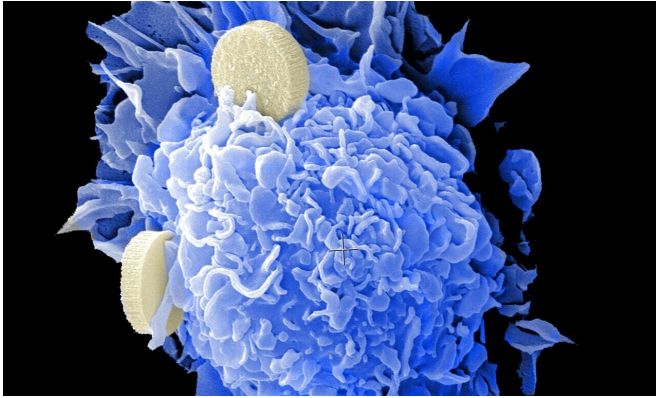


How oxygen radicals protect against cancer

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Oxygen radicals in the body are generally considered dangerous because they can trigger something called oxidative stress, which is associated with the development of many chronic diseases such as cancer and cardiovascular disease. In studies on mice, scientists at Goethe University Frankfurt have now discovered how oxygen radicals, conversely, can also reduce the risk of cancer and mitigate damage to the hereditary molecule DNA.

Originally, oxygen radicals—reactive oxygen species, or ROS for short—were considered to be exclusively harmful in the body. They are produced, for example, by smoking or UV radiation. Because of their high reactivity, they can damage many important molecules in cells, including the hereditary molecule DNA. As a result, there is a risk of inflammatory reactions and the degeneration of affected cells into cancer cells.

Because of their damaging effect, however, ROS are also deliberately produced by the body, for example by immune or lung epithelial cells, which destroy invading bacteria and viruses with ROS. This requires relatively high ROS concentrations. In low concentrations, on the other hand, ROS play an important role as signaling molecules. For these

tasks, ROS are specifically produced by a whole group of enzymes. One representative of this group of enzymes is Nox4, which continuously produces small amounts of H_2O_2 . Nox4 is found in almost all body cells, where its product H_2O_2 maintains a large number of specialized signaling functions, contributing, for example, to the inhibition of inflammatory reactions.

Researchers at Goethe University Frankfurt, led by Professor Katrin Schröder, have now discovered that by producing H_2O_2 , Nox4 can even prevent the development of cancer. They examined mice that were unable to produce Nox4 due to a genetic modification. When these mice were exposed to a carcinogenic environmental toxin (cancerogen), the probability that they would develop a tumor doubled. Since the mice suffered from very different types of tumors such as skin sarcomas and colon carcinomas, the researchers suspected that Nox4 has a fundamental influence on cellular health.

Molecular investigations showed that the H_2O_2 formed by Nox4 keeps a cascade going that prevents certain important signaling proteins (phosphatases) from entering the cell nucleus. If Nox4 and consequently H_2O_2 are absent, those signaling proteins migrate into the cell nucleus and as a consequence, severe DNA damage is hardly recognized.

Severe DNA damage—e.g., double-strand breaks—occurs somewhere in the body every day. Cells react sensitively to such DNA damage, setting a whole repertoire of repair enzymes in motion. If this does not help, the cell activates its cell death program—a precautionary measure of the [body](#) against cancer. When such damage goes unrecognized, as occurs in the absence of Nox4, it spurs [cancer](#) formation.

Prof. Katrin Schröder says, "If Nox4 is missing and there is therefore no H_2O_2 , the cells no longer recognize DNA damage. Mutations accumulate and damaged cells continue to multiply. If an environmental toxin is added that massively

damages the DNA, the damage is no longer recognized and repaired. The affected cells are not eliminated either, but multiply, sometimes very quickly and uncontrollably, which eventually leads to the development of tumors. A small amount of H₂O₂ thus maintains an internal balance in the cell that protects the [cells](#) from degeneration."

More information: Valeska Helfinger et al, Genetic deletion of Nox4 enhances cancerogen-induced formation of solid tumors, *Proceedings of the National Academy of Sciences* (2021). [DOI: 10.1073/pnas.2020152118](https://doi.org/10.1073/pnas.2020152118)

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