

# Can a newborn's brain discriminate speech sounds?

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People's ability to perceive speech sounds has been deeply studied, specially during someone's first year of life, but what happens during the first hours after birth? Are babies born with innate abilities to perceive

speech sounds, or do neural encoding processes need to age for some time? Researchers from the Institute of Neurosciences of the UB (UBNeuro) and the Sant Joan de Déu Research Institute (IRSJD) have created a new methodology to try to answer this basic question on human development.

The results, published in the *Nature's* open-access journal *Scientific Reports*, confirm that newborn neural encoding of voice pitch is comparable to the adults' abilities after three years of being exposed to language. However, there are differences regarding the perception of spectral and temporal fine structures of sounds, which consists on the ability to distinguish between vocal sounds such as /o/ and /a/. Therefore, according to the authors, neural encoding of this sound aspect, recorded for the first time in this study, is not found mature enough after being born, but it needs a certain exposure to the language as well as stimulation and time to develop.

According to the researchers, knowing the level of development typical in these neural encoding processes from birth will enable them to make an "early detection of language impairments, which would provide an early intervention or stimulus to reduce future negative consequences."

The study is led by Carles Escera, professor of Cognitive Neuroscience at the Department of Clinical Psychology and Psychobiology of the UB, and has been carried out at the IRSJD, in collaboration with Maria Dolores Gómez Roig, head of the Department of Obstetrics and Gynecology of Hospital Sant Joan de Déu. The study is also signed by the experts Sonia Arenillas Alcón, first author of the article, Jordi Costa Faidella and Teresa Ribas Prats, all members of the Cognitive Neuroscience Research Group (Brainlab) of the UB.

## **Decoding the spectral and temporal fine structure of sound**

In order to distinguish the [neural response](#) to speech stimuli in newborns, one of the main challenges was to record, using the baby's electroencephalogram, a specific brain response: the frequency-following response (FFR). The FFR provides information on the neural encoding of two specific features of sound: fundamental frequency, responsible for the perception of voice pitch (high or low), and the spectral and temporal fine structure. The precise encoding of both features is, according to the study, "fundamental for the proper perception of speech, a requirement in future language acquisition."

To date, the available tools to study this neural encoding enabled researchers to determine whether the newborn's baby was able to encode inflections in the voice pitch, but it did not when it came to the spectral and temporal fine structure. "Inflections in voice pitch contour are very important, especially in tonal variations like in Mandarin, as well as to perceive the prosody from speech that transmits emotional content of what is said. However, the spectral and temporal fine structure of sound is the most relevant aspect in language acquisition regarding non-tonal languages like ours, and the few existing studies on the issue do not inform about the precision with which a newborn's brain encodes it," note the authors.

The main cause of this lack of studies is the technical limitation caused by the type of sounds used to conduct these tests. Therefore, authors have developed a new stimulus (/oa/) whose internal structure (increasing change in voice pitch, two different vocals) allows them to evaluate the precision of the neural encoding of both features of the sound simultaneously using the FFR analysis.

### **An adapted test to the limitations of the hospital environment**

One of the most highlighted aspects of the study is that the stimulus and the methodology are compatible to the typical limitations of the hospital

environment in which the tests are carried out. "Time is essential in the FFR research with newborns. On the one hand, because recording time limitations determine the stimuli they can record. On the other hand, for the actual conditions of the situation of newborns in hospitals, where there is a frequent and continuous access to the baby and the mother so they receive the required care and undergo evaluations and routine tests to rule out health problems," authors add. Considering these restrictions, the responses of the 34 newborns that were part of the study were recorded in sessions that lasted between twenty and thirty minutes, almost half the time used in common sessions in studies on speech sound discrimination.

### **A potential biomarker of learning problems**

After this study, the objective of the researchers is to characterize the development of neural encoding of the spectral and temporal fine structure of [speech sounds](#) over time. To do so, they are currently recording the frequency-following response in those babies that took part in the present study, who are now 21 months old. "Given that the two first years of life are a critical period of stimulation for language acquisition, this longitudinal evaluation of the development will enable us to have a global view on how these encoding skills mature over the first months of life," note the researchers.

The aim is to confirm whether the observed alterations –after birth– in neural encoding of sounds are confirmed with the appearance of observable deficits in infant language development. If that happens, "that neural response could be certainly considered a useful biomarker in early detection of future literacy difficulties, just like detected alterations in newborns could predict the appearance of delays in language development. This is the objective of the ONA project, funded by the Spanish Ministry of Science and Innovation," they conclude.

**More information:** Sonia Arenillas-Alcón et al. Neural encoding of voice pitch and formant structure at birth as revealed by frequency-following responses, *Scientific Reports* (2021). [DOI: 10.1038/s41598-021-85799-x](https://doi.org/10.1038/s41598-021-85799-x)

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