

# Nanotechnology could make a huge difference in treating a lung infection often associated with COVID-19 ventilation

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Treatment for fungal lung infections could be more efficient when medication is inhaled using nanoparticle technology, according to research from the University of Central Lancashire (UCLan).

The early findings of the study, published in *Journal of Nanobiotechnology*, are of particular significance as many people with [lung diseases](#) that cause immune dysregulation, such as COVID-19, and who end up on a ventilator have a 30 percent chance of contracting pulmonary aspergillosis. When both conditions are combined, a patient's mortality rate can be increased by up to 50 percent.

Professor Kamalinder Singh, professor of pharmaceutical technology and [drug delivery](#) at the University of Central Lancashire, and senior author on the paper, said: "The coated nanoparticles enhance lung permeability, so that the drug is able to pass through the pulmonary surfactant barrier

present at the air-lung interface much more effectively. This surface barrier acts as a natural defense toward foreign bodies, but by coating the drug nanoparticles with this natural lipid DPPC, it can travel through the lungs more easily so a higher concentration will get to the target site."

aspergillosis is a condition caused by breathing in small particles, called spores, of aspergillus mold that's in the air. It's a common mold that doesn't cause illness in most healthy people but if the body isn't able to destroy the spores due to a weakened [immune system](#), then individuals may develop pulmonary aspergillosis.

Collaborative research by Professor of Pharmaceutical Technology and Drug delivery at UCLan, Kamalinder Singh and Professor Bhupinder Singh Bhoop, from Panjab University, suggests that instead of treating pulmonary aspergillosis by administering the first-line therapy drug voriconazole intravenously or orally, as is the current practice depending on the severity of the infection, administering the drug via inhalational allows for a more targeted approach. However, many drugs either get removed by the mucous in the lungs or cannot penetrate the pulmonary surfactant barrier, which is an essential surface resident protective layer that assists in breathing and prevents a direct exposure to inhaled pollutants.

The study looked at a nanotechnology-based approach to develop nanosized carriers and overcome the challenges of pulmonary delivery of drugs. Delivering nanosized voriconazole via a nebulizer means the drug is delivered through nanoparticles that are one billionth of a meter, which is 40,000 times smaller than the thickness of human hair.

Coating the nanoparticles with a biolipid called dipalmitoylphosphatidylcholine (DPPC), which exists naturally on the surface of the lungs, improved the interactions and enhanced the drug penetration across lung surfactant barrier and accomplished transportation into the lung cells.

"Early indications suggest that voriconazole, which is the recommended drug to treat this lung infection, enabled greater on-target drug exposure when nebulised as encapsulated in nanoparticles than the free drug. This is of significance as the way a patient receives the [drug](#) compound is highly critical to efficacy," said Professor Singh.

Further decorating the polymeric nanoparticles with the natural biolipid enhances the particle's compatibility with the lung surface so it can diffuse more easily into the respiratory system.

Professor Bhupinder Singh Bhoop said: "The technology is scalable as a holistic approach of pharmaceutical Quality by Design (QbD) was adopted in the current studies. Rational application of science- and risk-based principles resulted in the systematic development of therapeutically efficacious product. Besides, enhanced product and process understanding lead to continuous improvement and smooth compliance to global regulatory requirements too."

Commonwealth Split site Ph.D. scholar Ranjot Kaur, who worked on the project, said: "As people most at risk of pulmonary aspergillosis are those who have weakened immune systems combined with lung related conditions, it means the new treatment method has the potential to benefit patients suffering from COVID-19-associated [pulmonary aspergillosis](#) (CAPA) but also other conditions such as [lung](#) cancer, tuberculosis and chronic obstructive pulmonary disease (COPD)."

The researchers intend to take their study to clinical trials as part of the next phase of this potentially life-changing treatment.

**More information:** Ranjot Kaur et al, Nebulised surface-active hybrid nanoparticles of voriconazole for pulmonary Aspergillosis demonstrate clathrin-mediated cellular uptake, improved antifungal

efficacy and lung retention, *Journal of Nanobiotechnology* (2021). [DOI: 10.1186/s12951-020-00731-1](#)

Philipp Koehler et al, Defining and managing COVID-19-associated pulmonary aspergillosis: the 2020 ECMM/ISHAM consensus criteria for research and clinical guidance, *The Lancet Infectious Diseases* (2020). [DOI: 10.1016/S1473-3099\(20\)30847-1](#)

Provided by University of Central Lancashire

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