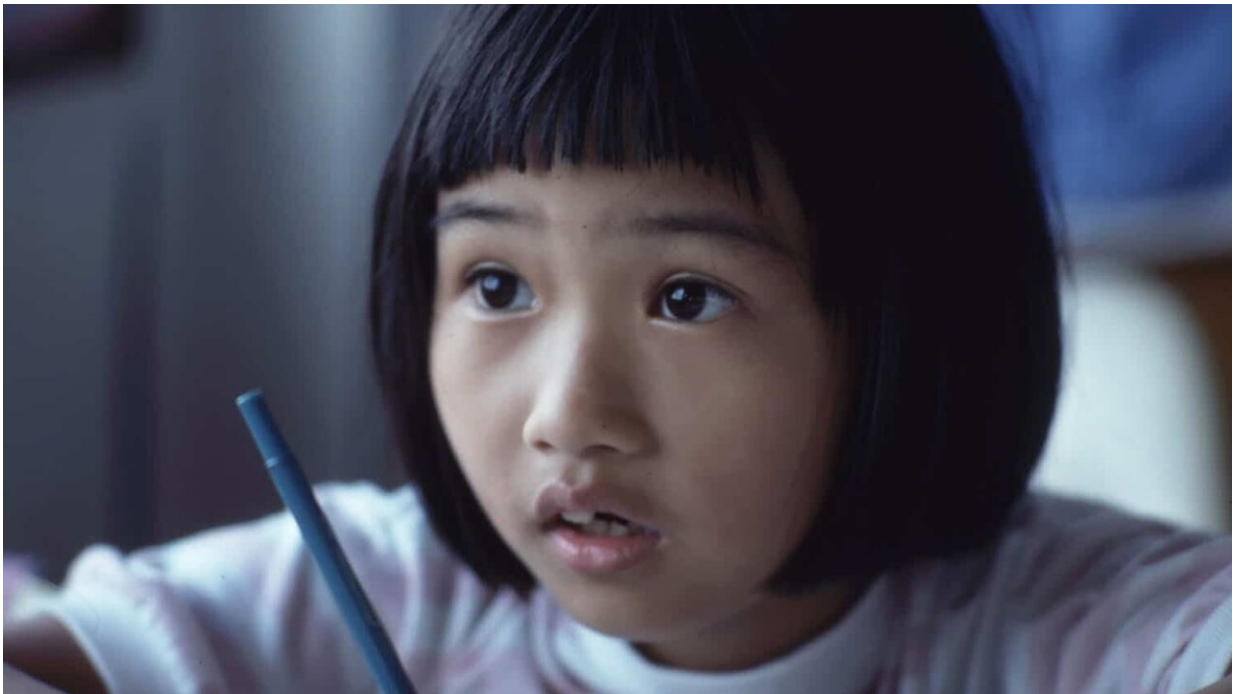


New tool assesses how well people read kids' emotions

November 2 2021, by Matt Shipman



Credit: Les Anderson

Psychology researchers at North Carolina State University have developed and validated a new tool for assessing how accurate people are at recognizing emotion in elementary school-aged children. The technique will facilitate research on understanding emotions of children—and highlights the fact that adults are often wrong when assessing the emotions of children.

The new tool for measuring people's ability to perceive emotion in kids is called the "PerCEIVED Task," which stands for Perceptions of Children's Emotions in Videos, Evolving and Dynamic Task. The assessment involves having adults review video clips of six emotions portrayed by 72 different child actors. The tool balances children's races and genders within each emotion.

"This tool allows us to identify whether we have any emotion-related biases," says Amy Halberstadt, first author of a paper on the work and a professor of psychology at NC State. "For example, we've shown in multiple studies that people are more likely to incorrectly perceive Black children as angry. But we can also look for other forms of bias. For example, are people more likely to think children of one gender are happier? Or we could look at variations such as whether some people are more likely to think children in general are happy or miserable little creatures."

The researchers validated PerCEIVED Task across four studies involving 477 adults.

The tool features more children, and a more racially diverse cross-section of children, than previous assessments. In addition, the researchers had each emotion expression validated by subject-matter experts.

"In short, we've demonstrated that it is the most robust assessment [tool](#) we have for determining how people perceive emotions in children," Halberstadt says.

But in addition to its potential utility for the [research community](#), Halberstadt notes that there are also take-home messages from this work for parents, teachers and caregivers.

"We do make errors in assessing the emotions of children," Halberstadt says. "So we need to ask them what they're feeling. Also, being good at identifying one emotion in children doesn't mean that you'll be good at recognizing other emotions."

Alison Cooke, a co-author on the paper, also notes, "We're rarely as good as we think we are at identifying emotions in [children](#). So don't be quick to assume you know how a child is feeling by the look on their face."

The paper, "PerCEIVED: Perceptions of Children's Emotions in Videos, Evolving and Dynamic Task," is published in the journal *Emotion*.

More information: Amy G. Halberstadt et al, PerCEIVED: Perceptions of children's emotions in videos, evolving and dynamic task., *Emotion* (2021). [DOI: 10.1037/emo0001019](https://doi.org/10.1037/emo0001019)

Provided by North Carolina State University

Citation: New tool assesses how well people read kids' emotions (2021, November 2) retrieved 25 December 2022 from <https://medicalxpress.com/news/2021-11-tool-people-kids-emotions.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--