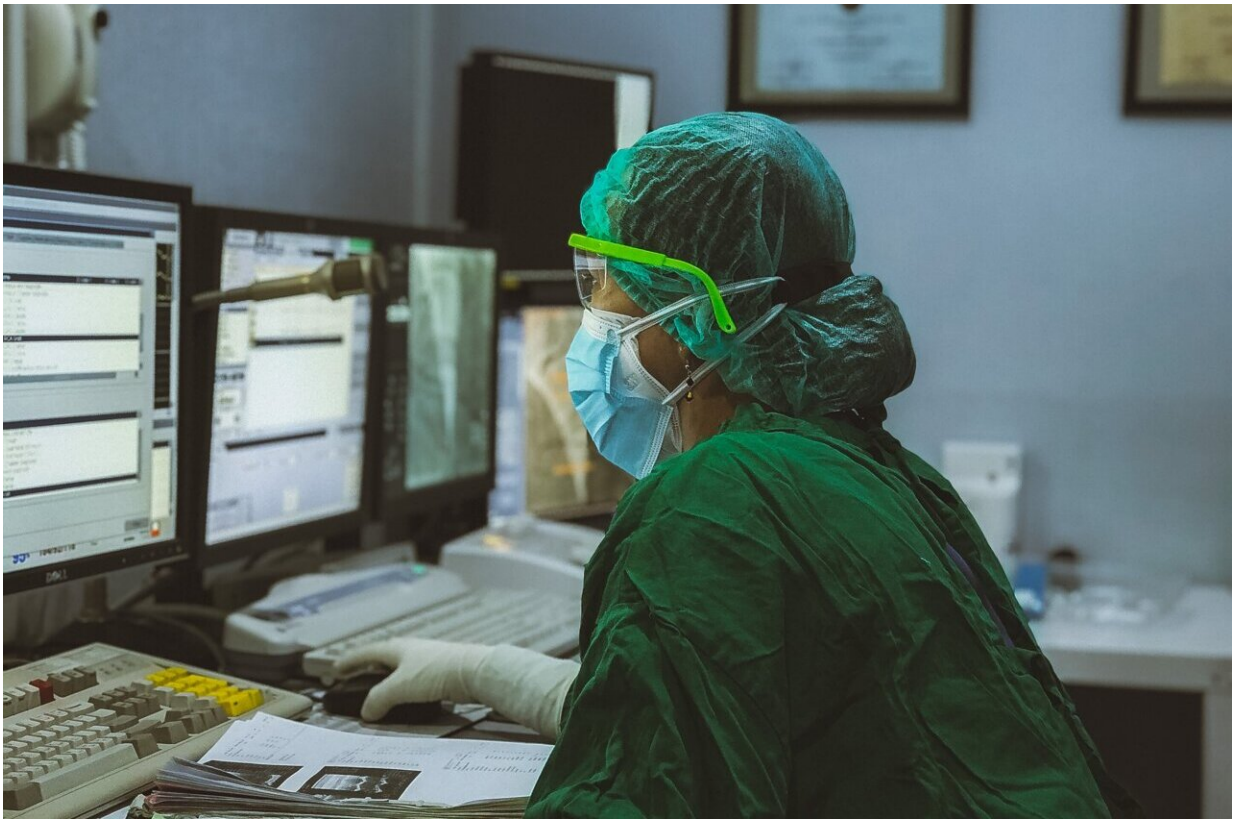


# Antibiotic-prescribing algorithm cuts the risk of antibiotic resistance by half

February 25 2022

---



Credit: Unsplash/CC0 Public Domain

Antibiotics are a double-edged sword: on the one hand, antibiotics are essential to curing bacterial infections. On the other, their use promotes the appearance and proliferation of antibiotic-resistant bacteria. Using

genomic sequencing techniques and machine learning analysis of patient records, the researchers have developed an antibiotic prescribing algorithm which cuts the risk of emergence of antibiotic resistance by half.

The paper, published today in *Science*, is a collaboration between the research group of Professor Roy Kishony from the Technion—Israel Institute of Technology Faculty of Biology and the Henry and Marilyn Taub Faculty of Computer Science and Professors Varda Shalev, Gabriel Chodick, and Jacob Kuint at Maccabi KSM Research and Innovation Center headed by Dr. Tal Patalon. Focusing on two very [common bacterial infections](#), [urinary tract infections](#), and wound infections, the paper describes how each patient's past infection history can be used to choose the best antibiotic to prescribe them to reduce the chances of [antibiotic resistance](#) emerging.

Clinical [treatment](#) of infections focuses on correctly matching an antibiotic to the resistance profile of the pathogen, but even such correctly matched treatments can fail as resistance can emerge during treatment itself. "We wanted to understand how antibiotic resistance emerges during treatment and find ways to better tailor antibiotic treatment for each patient to not only correctly match the patient's current infection susceptibility, but also to minimize their risk of infection recurrence and gain of resistance to treatment," said Prof. Kishony.

The key to the success of the approach was understanding that the emergence of antibiotic resistance could be predicted in individual patients' infections. Bacteria can evolve by randomly acquiring mutations that makes them resistant, but the randomness of the process makes it hard to predict and to avoid. However, the researchers discovered that in most patients' infections resistance was not acquired by random mutations. Instead, [resistance](#) emerged due to reinfection by

existing resistant bacteria from the patient's own microbiome. The researchers turned these findings into an advantage: they proposed matching an antibiotic not only to the susceptibility of the bacteria causing the patient's current infection, but also to the bacteria in their microbiome that could replace it.

"We found that the antibiotic susceptibility of the patient's past infections could be used to predict their risk of returning with a resistant [infection](#) following antibiotic treatment," explained Dr. Mathew Stracy, the first author of the paper. "Using this data, together with the patient's demographics like age and gender, allowed us to develop the algorithm."

**More information:** Mathew Stracy et al, Minimizing treatment-induced emergence of antibiotic resistance in bacterial infections, *Science* (2022). [DOI: 10.1126/science.abg9868](https://doi.org/10.1126/science.abg9868)

Provided by American Technion Society

Citation: Antibiotic-prescribing algorithm cuts the risk of antibiotic resistance by half (2022, February 25) retrieved 4 July 2024 from <https://medicalxpress.com/news/2022-02-antibiotic-prescribing-algorithm-antibiotic-resistance.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--