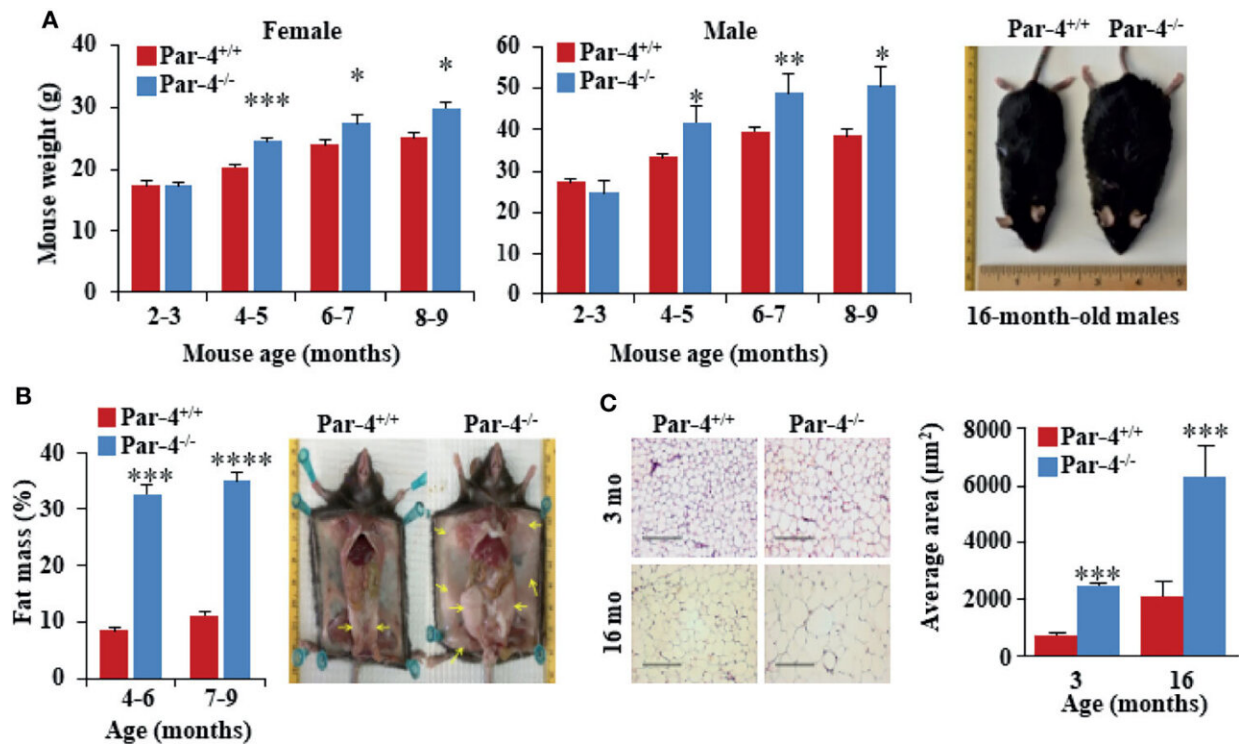


# Study finds 'super gene' shows promise for preventing obesity

May 16 2022, by Anastasia Lyon



Par-4<sup>-/-</sup> mice show increased fat mass and adipocyte hypertrophy. (A) Age- and sex-matched Par-4<sup>-/-</sup> mice are significantly heavier than Par-4<sup>+/+</sup> counterparts. Weight gain in female (n=8-13) and male mice (n=8) was determined over the indicated observation period; representative images of 16-month-old male mice are shown. (B) Par-4<sup>-/-</sup> mice show increased fat mass. Echo-MRI analyses were carried out on 4- to 6-month-old (n=7-10) and 7- to 9-month-old mice male (n=14). Subcutaneous and abdominal fat (yellow arrows) in a pair of 16-month-old male mice are shown. (C) Hypertrophy of adipocytes in Par-4<sup>-/-</sup> mice. Visceral adipose tissue from 3- or 16-month-old male mice was subjected to H&E staining and cell size was quantified (n=8 mice). Mean ± SEM, \*P

Nearly three decades after first discovering the tumor-suppressing Par-4 "super gene" that has been shown to kill cancer cells, a team of researchers at the University of Kentucky Markey Cancer Center is now learning about its role in preventing obesity—a disease that affects more than 1.9 billion people worldwide.

Vivek Rangnekar, Ph.D., associate director of the UK Markey Cancer Center and the Alfred Cohen Chair in Oncology Research, first discovered Par-4 and its role in [cell death](#) in prostate tissue in 1993. Since then, subsequent studies revealed that Par-4 is a tumor suppressor and that increased expression of Par-4 prevents [tumor growth](#). Rangnekar and his team also found that "super mice" genetically engineered to overexpress Par-4 were resistant to [cancer](#).

In addition to Par-4's role in cancer suppression, recent research published by Rangnekar's team in *Frontiers in Oncology* has uncovered a new role for Par-4 as a predictor of future [obesity](#) in men and women. The study shows that lack of Par-4 in mice led to increased fat absorption and fat accumulation in fat-storing cells (adipocytes), which resulted in the development of obesity. These mice also had secondary health issues, including [fatty liver](#) and insulin resistance, which are commonly associated with obesity. However, genetically restoring the missing Par-4 gene reversed the obesity, making the mice lean again.

Interestingly, mice with the same diet and [physical activity](#) as normal mice, but that lacked Par-4, still became obese.

"This finding is reminiscent of people who find it difficult to control their weight even when they are monitoring their diet or performing

sufficient exercise," Rangnekar said. "In such situations, our research indicates that there may be a genetic explanation."

Additionally, the study shows that Par-4 loss may serve as a predictor for individuals who could be at-risk for developing obesity later in life. In collaboration with the UK Center for Clinical and Translational Science (CCTS) and Lund University in Sweden, these researchers also found that lower expression of Par-4 was associated with obesity in men and women.

"The risk of developing obesity is significantly greater in individuals who have low Par-4 levels compared to those who have high Par-4 levels," Rangnekar said. "Our work reveals a novel function of the [tumor suppressor](#) Par-4 in regulating obesity and significantly advances the fields of adipocyte biology, physiology and metabolism."

Future research is looking into treatment strategies that may be useful to overcome obesity and inhibit obesity-associated cancer, including an ongoing clinical trial at the UK Markey Cancer Center using a drug to elevate Par-4 in cancer patients.

"The mission of the UK Center for Clinical and Translational Science (CCTS) is to bring together clinicians, researchers and communities to accelerate the translation of basic science discoveries to tangible improvements in health," said Philip A. Kern, M.D., director of the UK CCTS. "This type of research perfectly demonstrates why multidisciplinary collaboration is key to accelerating positive health outcomes for the commonwealth of Kentucky and beyond."

**More information:** Nathalia Araujo et al, Tumor Suppressor Par-4 Regulates Complement Factor C3 and Obesity, *Frontiers in Oncology* (2022). [DOI: 10.3389/fonc.2022.860446](https://doi.org/10.3389/fonc.2022.860446)

Provided by University of Kentucky

Citation: Study finds 'super gene' shows promise for preventing obesity (2022, May 16) retrieved 17 January 2024 from <https://medicalxpress.com/news/2022-05-super-gene-obesity.html>

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