

Colorectal cancer tumors are both helped and hindered by T cells

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Cancer—Histopathologic image of colonic carcinoid. Credit: Wikipedia/CC BY-SA 3.0

Colorectal tumors are swarming with white blood cells, but whether these cells help or hinder the cancer is hotly debated. While some studies have shown that white blood cells heroically restrict tumor growth and combat colorectal cancer, equally compelling evidence casts the white

blood cells as malignant co-conspirators—bolstering the tumor and helping it spread.

Now, new research clarifies the role of these intestinal [white blood cells](#), known as gamma delta ($\gamma\delta$) T cells, in colorectal cancer. It turns out that the cells have a double-edged function: They rein in early-stage tumors, but as the disease progresses, undergo biochemical changes and switch sides, strengthening the [tumor](#). The findings, published in *Science*, shed further light on the role of $\gamma\delta$ T cells in tumor growth, and may open new paths toward colorectal cancer therapies.

"Gamma delta T cells that live in the gut act to prevent tumor formation," says Bernardo Reis, a research associate in the laboratory of Daniel Mucida at The Rockefeller University. "But once tumors form, gut $\gamma\delta$ T cell populations change, enter the tumor, and promote tumor growth."

Altered T cell receptors

The intestinal lining may be the body's most vulnerable port of entry. Composed of but a single layer of epithelial cells, this busy digestive region must absorb useful substances like nutrients, and reject harmful ones like foodborne pathogens, within a limited working space. $\gamma\delta$ T cells mind the gaps, perpetually scanning the epithelium to maintain the integrity of the intestinal lining and prevent pathogens from invading the rest of the body.

Reis set out to investigate conflicting claims over whether these cells help or hinder the growth of intestinal tumors. But as is often the case in biology, there was no simple answer.

"We had data showing $\gamma\delta$ T cells were protective, but the literature suggested that they also promote tumor growth," Reis says. "We wanted

to understand what these $\gamma\delta$ T cells were really up to."

Working in a mouse model of [colorectal cancer](#), Reis and colleagues derived $\gamma\delta$ T cells from the intestines of animals with early-stage tumors and from the tumors of mice with advanced cancer. In comparing these two sources of supposedly identical cells, the researchers were surprised to find vast molecular differences between them. For example, the two categories of $\gamma\delta$ T cells boasted different T cell receptors. Moreover, $\gamma\delta$ T cells that had entered the tumor produced IL-17, a cytokine that normally promotes inflammation in response to infection. In the tumor microenvironment, however, IL-17 was promoting disease—spurring tumor growth and recruiting other cells to help hide the tumor from the rest of the immune system.

"The $\gamma\delta$ T cells had completely changed," Reis says.

To confirm their findings, the team then used CRISPR gene editing technology to selectively remove T cell receptors from the white blood cells, changing the cells from anti-tumor to pro-tumor, or vice-versa. In this way, they managed to increase the number and decrease the size of tumors in mouse models. "When we depleted the original $\gamma\delta$ T cells, the mice became sicker," Reis says. "And when we depleted the tumor invading $\gamma\delta$ T cells, the tumors shrank."

Hope for human cancers

Reis and colleagues witnessed similar activity in $\gamma\delta$ T cells derived from human colorectal tumors and their environs. Cells inside the tumor resembled the renegade, late-stage $\gamma\delta$ T cells seen in mice, while cells hovering around the outside of the tumor looked more like the original Res. "It almost looked like a fight between these two populations," Reis says. "Regular cells were trying to contain the tumor while cells inside were promoting [tumor growth](#)."

In the short term, the Mucida lab will focus on shoring up our understanding of what promotes $\gamma\delta$ T cells' shift from the intestine's stark ally into its source of ruin. Future studies will delve deeper, examining whether it might be possible to modulate normal $\gamma\delta$ T cells to curb the tumor and prevent their cancer-promoting alter egos from dominating the arena. Reis is also interested in exploring ways to manipulate the system by which altered $\gamma\delta$ T cells enter the tumor.

"Perhaps we might one day fashion $\gamma\delta$ T [cells](#) into Trojan horses that can act as anti-cancer [cells](#) right inside the [tumor microenvironment](#)," he says.

More information: Bernardo S. Reis et al, TCR-V $\gamma\delta$ usage distinguishes protumor from antitumor intestinal $\gamma\delta$ T cell subsets, *Science* (2022). [DOI: 10.1126/science.abj8695](https://doi.org/10.1126/science.abj8695)

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